**THE SCAPULA: FUNCTION, DYSFUNCTION, EVALUATION, AND TREATMENT**

DAY 1

THE BASICS

9:00- 9:30 Mechanics and function of the scapula- Kibler

9:30- 10:00 Muscle activations in scapular function and dysfunction- Sciascia

10:00- 10:20 Understanding scapular dyskinesis- Kibler

10:20- 10:35 Break

10:35- 11:00 The non shoulder examination- Sciascia

11:00- 11:45 Cases and discussion

11:45- 1:00 Lunch

THE SCAPULA AND SPECIFIC SHOULDER PATHOLOGY

1:00- 1:25 Impingement- Sciascia

1:25- 1:45 Rotator cuff injury- Kibler

1:45- 2:05 Disabled Throwing Shoulder- Kibler

2:05- 2:25 Clavicle Fractures and AC Joint Injury- Kibler

2:25- 2:45 GH Joint Instability- Kibler

2:45- 3:00 Break

3:00- 3:20 Scapular Muscle Detachment- Kibler

3:20- 3:40 Complex Muscle Activation Deficits- LTI, LVC- Sciascia

3:40- 4:00 Patient Specific Factors- pain, catastrophization- Sciascia

4:00- 4:30 Cases and Discussion

DAY 2

REHABILITATION

9:00- 9:20 Basics of scapular rehabilitation- Sciascia

9:20- 10:00 Examination/evaluation workshop and demonstration- Kibler, Sciascia

10:00- 12:00 Rehabilitation workshop and demonstration- Sciascia